

Freshers' Day 2025; Postgraduate Department of Psychology

On 29 August, 2025, the staff and second-year students of the Postgraduate Department of Psychology welcomed the first-year students to Jyoti Nivas College, Postgraduate Centre. From 11:30 AM onwards, all the staff and students gathered in the auditorium, along with the judges for the Freshie Queen competition, Dr Philcy Antony (Associate Professor, Department of Management) and Dr Shilpa Abhang (Associate Professor, Department of Computer Science).

Jessice, Philippa and Sandhya, the emcees for the event, welcomed the gathering, after which, Riddhika, from 3rd semester M.Sc Psychology, kicked off the event with an invocation song. Prerana and Saashrika, from 3rd semester M.Sc Psychology, performed a jugalbandi of Kathak and Bharatnatyam.

The main event of the day, Freshie Queen, was hosted by Varuni and Deeksha, who started by asking all the freshers to come up on stage and show off their best catwalk. While the judges determined who would move on the next round, Sahana from 3rd semester M.Sc Psychology performed a stand-up comedy set on the trials and tribulations of being a PG student, exacerbated by the perils of travelling in Bengaluru.

The second round of Freshie Queen had the top ten contestants come up on stage to introduce themselves and explain why they chose to pursue higher studies in Psychology. To allow the judges some time to deliberate, the students of 3rd semester M.Sc Wellness Counselling performed to mix of adrenaline-pumping songs. The semi-final round was a chance for the top five to showcase their talents, whether it be rapping or public speaking, dancing or stand-up comedy.

Students of 3rd semester M.Sc Psychology performed to a mix of hype songs, which was followed by two rounds of games, where the audience were to guess the character and

song from a picture, and what emotion it is often linked to. Second-year students from all three batches came together to showcase powerful Greek goddesses in a fashion walk highlighting their strengths and abilities.

The finalists of Freshie Queen were asked two questions each by Dr Shilpa and Dr Philcy, with a chance to showcase their personalities, confidence and originality. After the judges questioned the finalists on their opinions on equality in marriage, negative thought patterns, etc., Philippa shared some trivia on beauty pageants with the audience.

Finally, the Freshie Queen of 2025 was announced to encouraging cheers from the audience: Meyhar from M.Sc Wellness Counselling. After she was crowned, all freshers participated in a game of freeze dance. To end the event, Dr Anupama thanked the judges, Dr Paul, teacher coordinators and students, for all their efforts which contributed to a highly successful and entertaining event.