



JYOTI NIVAS COLLEGE AUTONOMOUS

Bengaluru, Karnataka
Postgraduate Centre

A Premier Institute for Women Estd. 1966 | Reaccredited by NAAC with 'A+' grade in the 4th cycle

Department of Psychology

M.Sc. Psychology

The PG Department of Psychology offers a two-year, full-time programme in MSc Psychology designed to equip students with the knowledge and skills to apply psychological concepts, theories, and principles in clinical, counselling, organisational-industrial, and research settings. This programme is ideal for students seeking expertise in one of these specialised areas of psychology. Structured over four semesters, the programme provides a comprehensive learning experience. The first two semesters introduce students to fundamental psychological concepts, theories, processes, and research findings, laying a strong foundation in the discipline. In semesters three and four, the focus shifts to applied psychology, covering specialised fields such as Clinical, Counselling, Developmental, and Industrial Psychology. Students are encouraged to engage in research, internships, and skill development during the second, third, and fourth semesters, allowing them to gain hands-on experience in their areas of interest. The programme also prepares students for competitive examinations conducted by UGC, NTA, ICSSR, and various State and Central Civil Services Boards, enhancing their academic and professional prospects.

Eligibility

Candidates must meet one of the following criteria:

- Applicants must have completed an undergraduate degree with Psychology as one of the core subjects, securing a minimum overall aggregate of 50% (and 55% in Psychology) from a university recognized by the UGC (India or abroad).
- Candidates currently in the final year of their undergraduate program must have a minimum aggregate of 55% across all completed semesters.

Selection Process

- Courses studied and aggregate marks in the undergraduate degree
- Entrance Exam (Topics: Biopsychology, Classical theories and experiments, Clinical psychology and psychopathology, Cognitive psychology, Counselling principles and theories, Lifespan development, organisational behaviour, Quantitative research, social psychology)
- Personal interview

For further details

Course Coordinator

Mr. Paul Raj: (+91) 97385 20074

Assistant Professor

Ms. Aishwarya Sibey: (+91) 88616 92696

ADMISSIONS OPEN

Career Options

- Consultant Psychologists (Hospital/Education/ Organization)
- Psychotherapists
- Lifespan Psychologists
- Rehabilitation Psychologists
- Professional Counsellors
- Research Assistants in Government/Non-Government Settings
- Psychology Teachers
- Mental Health Practitioners
- Statistical Analysts
- Life Skills / Soft Skills Trainers

Apply Online

<https://jyotinivas.org/jnc-pg/courses.php>





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Department of Psychology

M.Sc. Wellness Counseling

The PG Department of Psychology, Postgraduate Center, Jyoti Nivas College Autonomous offers a two-year, full-time programme in MSc Wellness Counselling, designed as an advanced professional counselling course. This programme focuses on skill and competence development, preparing students to become professional counsellors with holistic and interdisciplinary perspectives. The curriculum integrates theoretical knowledge with practical training across various counselling specialisations, equipping students for diverse professional roles in educational institutions, hospitals, counselling centres, NGOs and corporate organisations. Graduates can pursue careers as counsellors, trainers, and facilitators in mental health, wellness, and organisational development. Additionally, the programme prepares students for competitive examinations conducted by UGC, NTA, ICSSR, and State and Central Civil Services Boards, enhancing their academic and professional opportunities.



Eligibility

Candidates must meet one of the following criteria:

- Candidates must have completed an undergraduate degree with a minimum aggregate of 50% from a UGC-recognized university (India or abroad).
- Candidates currently in the final year of their undergraduate programmes must have a minimum aggregate of 55% across all completed semesters.
- Individuals who have completed their undergraduate studies and are currently employed are also eligible to apply.

Selection Process

- Courses studied and aggregate marks in the undergraduate degree.
- Entrance Exam (Topics covered: Basic psychology, Lifespan psychology, Quantitative research methods, Current affairs)
- Personal interview

For further details

Course Coordinator

Mr. Paul Raj: (+91) 97385 20074

Assistant Professor

Ms. Aishwarya Sibey: (+91) 88616 92696

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ADMISSIONS OPEN

Career Options

- Psychological Counselor
- Substance Abuse Counselor
- Rehabilitation Counselor
- Career Counselor
- Lifestyle Counselor
- Group Counselor
- Psychologist
- Psychotherapist
- Mental Health Practitioner
- Wellbeing Consultant
- Statistical Analyst
- Life Skill/Soft Skill Trainer
- Psychology Teacher